

Dates 2019:

May, june or see agenda website

Basic retreat is 3 days(4 nights), but is possible for 4 or 5 days. After retreat extended days in apartment is possible. See agenda on website

Prices for 3 days(4-5 on request):

- For 1 person on request
- For 2 persons EUR 380,— pp
- For 3 persons EUR 260,— pp
- For 4 persons EUR 190,— pp

Prices are including:

- Coaching, workshops, trips by car during program.
- Use of apartment
- Transfers airport

Prices are excluding:

- Own rental car
- All flights
- All meals and consumptions
- Entrance prices on location

Optional:

- Extend for extra night complete apartment EUR 60,— /night
- Rental car: ask for options.

Sign up:

You can reserve your place by sending an email to reis@spiritazoren.eu, completed with the first 50% payment of the costs on the bank account of Zelfbalans. These costs are not refundable, unless organisation cancels the retreat.

Insurance

Attending is on your own risk and responsibility. Organisation is not responsible for any material or immaterial damage during workshops or travels. You can organize your own travel Insurance for this retreat.



Contact: reis@spiritazoren.eu
Email/Website www.zelfbalans.nl

Retreats Azoren 2019

❖ ❖ Behind the illusion



Small groups(1-4)

Retreats Azores

Enjoy for a few days the special energies and nature of the Azores. Depending on your conscious or subconscious reason why you attend the retreat, are we going to look in your life, behaviour, wishes and strengths and see what we can open, free or unlock. The theme “*behind the illusion*” are we exploring from your consciousness.

We have many choices for the trips, depending on season, weather and energy of the person(s):

- Hot spring baths
- Whale and dolphin trips
- Walking trails
- Special locations

With my coaching are we going to explore and dig in your world and “illusions” or.....our illusions. The combination of body, nature and your life is unique and I can help you in use that beautiful combination. I work from the higher energies and guidance and the energies of the group, day and the subjects popping up. The special energies of ocean, volcanic area, whales and dolphins will help you.

Tasks/little workshops

Besides the trips and walking trails I can get info to do (individual) workshops or give you a task to work on, which gives you more clear overview about yourself and actual subject

Although we are with a Group these days are specially for you. The activities are daily from approx 10:00 to 17:00 and sometimes on other times on request.

Dolphins and Whales. The Azores exist of 9 main islands in the middle of the Atlantic ocean. Many types of whales and dolphins are here or passing in the different seasons. Depending on the season and weather it is



possible to visit the ocean and sometimes swim (when dolphins allow it) with the dolphins.

De accommodation You sleep in a complete furnished apartment with 2 bedrooms, spacious kitchen, bathroom, livingroom and breath taking view from the large balcony.



Both bedrooms have each a double bed of respectively 140 and 160 wide, suitable for 2 couples, 3 persons, or any other voluntary combination 😊.

